

## WHAT IS YOUR FOCUS?

### **Matthew 6:22 (NKJV)**

**22 “The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.**

Jesus here uses metaphorical language to illustrate the truth stated in verse 21. The eye is the organ of perception. A good eye sees clearly and parallels a heart set on heavenly treasure. The issue being illustrated here is that of spiritual focus, and spiritual focus is related to the motives of the heart.

If our “spiritual vision” is good, then the whole direction of our life, the “whole body will be full of light”. The whole of our activities and life direction will be affected in a good way in light of eternity.

Various translations translate “eye is good” as being clear, sound, or healthy. However, the KJV translates the good eye as that which is “single”. In other words, it is singular in FOCUS. It is set on laying up treasure in heaven. This is the singular focus of the good eye. That fits the context very well.

In the matter of “treasure,” double vision sees nothing clearly! Blurred vision disables us from functioning properly and is dangerous.

If our focus is on attaining earthly treasures, then our spiritual perception will be distorted, and the light of God’s revelation related to an eternal perspective will be hindered. This is not spiritually healthy. An eternal perspective that focuses on heaven and eternity keeps everything in proper spiritual focus.

“Just as a healthy eye gives light to the body, so whole-hearted fidelity to God gives meaning and light to one’s life.”– ***The Moody Bible Commentary***

### **Matthew 6:23 (NKJV)**

**23 But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!**

If the eye is bad, meaning unclear, then the experience of the entire body is that of darkness.

If a person's spiritual eye is focused on wealth and materialism, then their whole life experience is that of darkness. They don't see spiritual reality at all, and it affects their entire life.

A person focused on attaining earthly treasures for the sake of self-fulfillment does not actually see light but rather darkness, and note the emphasis: "**how great is that darkness!**"

This is no small thing. It affects the whole of their life experience.

Jesus was teaching that if a person looks upon the things of earth with a healthy spiritual perspective, then they will live in light of eternity – laying up their treasures in heaven. However, if a person looks upon the things of earth with an eye for laying up treasures for SELF, then they walk in spiritual darkness, and all is for naught.

Is your eye on things that matter for all eternity or merely on the life enhancement in the here and now? Is your eye GOOD or BAD? What is your focus?

Live in light of eternity because in eternity, that is all that will matter!